

Roma - dal 02 al 04 Ottobre 2026

MOVING AHEAD: FROM MODELS TO PATIENTS

The first ten years of the Control Mastery Theory - Italian Group

FRIDAY 02/10

- 15:00-15:30 George Silberschatz** Expertise in Psychotherapy: What Makes Therapy Work—and What Experts Do Differently
- 15:30-16:00 Francesco Gazzillo** CMT as a "precision psychotherapy": from the plan of the treatment to the plan of the session
- 16:00-16:30 Elizabeth Li** What Constitutes Good Therapy from a CMT Perspective
- 16:30-17:00 Discussione e caffè**
- 17:00-17:30 James McCollum** The Dodo Was Right...Now What?
- 17:30-18:00 John T. Curtis** Treatment by attitude
- 18:00-18:30 Sveva Angrisani** Clinical reflections on the patient's unconscious plan: from the clarity of the course to the unpredictability of the process
- 18:30-19:00 David Kealy** Safety, creativity, and the therapeutic relationship
- 19:00-19:30 Discussione**

SATURDAY 03/10

- 10:00-10:30 Trevor Ahrendt** Expanding the culture of psychotherapy to adapt to what patients say they want
- 10:30-11:00 Federica Genova e Gaia Piscopiello** Reading Intimate Partner Violence through CMT: Clinical Insights into the Role of Interpersonal Shame and Guilt
- 11:00-11:30 Discussione e caffè**
- 11:30-12:00 Cristina Mazza e Marianna Santodoro** Assessing guilt in childhood: across-informant validation and shared dimensions of guilt in parents and children
- 12:00-12:30 Valeria Crisafulli** Vicious relational circles between parents and children: parentification, role-reversal and omnipotent responsibility
- 12:30-13:00 Eleonora Fiorenza e Marianna Santodoro** CMT in complex cases: integrating individual, couple, and social setting
- 13:00-13:30 Discussione**
- 13:30-15:00 Lunch**
- 15:00-15:30 Romana Cuomo** Are techniques necessary for treating traumas? A clinical case
- 15:30-16:00 Giuseppe Stefano Biuso** Beyond the Delusion: Safety and Mastery in the Therapeutic Treatment of Delusional Disorder
- 16:00-16:30 Emanuele Bruno** Don't pay attention to us: integrating EMDR, working with dissociative parts and CMT
- 16:30-17:00 Discussione e caffè**
- 17:00-17:30 Laura Rosi** Safe enough to stay, safe enough to go: reflections on ten years of working with addictions through CMT
- 17:30-18:00 Roberta Alesiani e Silvia Bocalon** "Nothing at the Centre": Theoretical and Technical Implications between Winnicott and CMT
- 18:00-18:30 Chiara Fante** The (sustainable) lightness of CMT: exploration and play in educational and therapeutic settings
- 18:30-19:00 Discussione**

SUNDAY 04/10

- 10:00-10:30 Giorgia Giusti** Introductory notes on group therapy from a CMT perspective
- 10:30-11:00 Omar Bellanova** Sexual agency and the treatment of sexual problems
- 11:00-11:30 Nadia Iannella** LGBT+ Identity Development from a CMT Perspective: The Role of Pathogenic Beliefs and Coming Out as a Relational Test
- 11:30-12:00 Discussione e caffè**
- 12:00-12:30 Marta Rodini e Federica Buonfantino** Some 'perfect mothers' and the quest for the 'perfect' adult love
- 12:30-13:00 Chiara Sambroia** Treatments by attitude and corrective emotional experiences: some personal reflections
- 13:00-13:30 Discussione finale**
- 13:30-15:30 Lunch**

Hotel The Building Via Montebello, 126 00185 Roma

Iscrizioni fino al 15 Settembre 2026

Per info: segreteria@cmt-ig.org

QUOTE DI PARTECIPAZIONE:

SOCI CMT → 230,00€

STUDENTI → 150,00€

NON SOCI → 300,00€

Cena Sabato 3 Ottobre non inclusa → 70,00€

